

NAVC 2013 5K FUN RUN/WALK

Overall Male Overall Winners

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Jonathan Spelke	212	41	1	18:34	5:57/M

Overall Female Overall Winners

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Ruth Ann Lobos	411	34	5	20:38	6:37/M

No Age Provided

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Chris Ormsby	93	0	89	27:27	8:48/M
2	Jim Williard	94	0	101	27:56	8:57/M

No Age Provided

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Michelle Temple	1	0	289	44:08	14:09/M
2	Lisa Nichols	2	0	290	44:08	14:09/M

Male 14 and under

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Daniel Sawdai	186	9	42	24:34	7:52/M
2	Kyle Loeding	428	14	122	28:55	9:16/M
3	Pierce Butler	16	10	153	30:36	9:48/M
4	Cavan Meakin	390	11	174	31:54	10:13/M
5	Joshua Newman	81	13	192	33:18	10:40/M
6	Samuel Loeding	427	7	198	33:35	10:46/M
7	Holden McMillian	190	11	199	33:40	10:47/M
8	Chase Schroeder	424	7	214	34:45	11:08/M
9	Noah Devos	263	11	252	37:46	12:06/M
10	Gabriel Fetzer	329	11	261	38:12	12:15/M
11	Charlie Schroeder	423	9	288	44:05	14:08/M

Female 14 and under

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Elizabeth Sawdai	187	14	147	30:21	9:44/M
2	Kiernan Meakin	391	13	186	33:04	10:36/M
3	Isabel Devos	264	8	253	37:47	12:07/M
4	Erin Sanders	275	14	272	40:01	12:50/M
5	Kinsley McMillian	404	9	276	41:18	13:14/M
6	Elizabeth Faul	85	10	296	44:39	14:19/M
7	Star Morris	305	4	329	50:28	16:11/M

Male 15 to 29

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Jeffrey Richardson	97	25	16	21:38	6:56/M
2	James Scott	104	20	45	24:43	7:55/M
3	Daniel Kidd	176	26	64	26:07	8:22/M
4	Carlos Nossa	332	27	93	27:43	8:53/M
5	Benjamin Newman	78	16	97	27:47	8:54/M
6	Miguel Gartner	39	27	194	33:18	10:40/M
7	Cordero Curry	193	19	201	33:46	10:49/M
8	Jeff James	207	27	225	35:13	11:17/M
9	Bryant Malig	403	26	270	39:33	12:41/M

Female 15 to 29

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Ashley Benson	177	25	30	23:17	7:28/M
2	Lisa Challberg	387	29	47	24:49	7:57/M

3	Samantha Werner	184	22	49	25:02	8:01/M
4	Lindsay Fowler	215	24	61	25:58	8:19/M
5	Sarina Huber	439	27	68	26:23	8:27/M
6	Amanda Breuer	40	27	69	26:33	8:31/M
7	Kristine Funk	166	27	75	26:53	8:37/M
8	Tricia Fiebrandt	101	28	77	26:55	8:38/M
9	Sierra Brown	296	26	79	27:06	8:41/M
10	Morgan Mander	278	23	85	27:18	8:45/M
11	Jenny Tsai	130	24	108	28:09	9:01/M
12	Kristen Shafer	418	20	115	28:37	9:10/M
13	Harrown Hayleey	445	24	117	28:46	9:13/M
14	Jessie Seifert	68	26	131	29:31	9:28/M
15	Gina Sassene	331	28	142	30:13	9:41/M
16	Elizabeth Hill	138	24	146	30:21	9:44/M
17	Emilia Rodriguez	400	29	162	31:20	10:03/M
18	Mara Wendel	192	29	168	31:42	10:10/M
19	Cassie Framstad	181	28	189	33:06	10:37/M
20	Lori Post	419	27	200	33:40	10:47/M
21	Kayce Kauschinger	224	25	210	34:27	11:03/M
22	Julie Price	46	23	211	34:28	11:03/M
23	Gwenda Olson	430	27	220	35:06	11:15/M
24	Amanda Baldwin	369	24	221	35:11	11:17/M
25	Amie Burling	167	28	230	35:33	11:24/M
26	Joan Deltoven	74	29	237	36:08	11:35/M
27	Anjel Gibson	214	21	241	36:54	11:50/M
28	Rebecca James	208	25	243	37:02	11:52/M
29	Suyan Argolo	368	23	245	37:14	11:56/M
30	Virginia Cipolla	330	23	247	37:26	12:00/M
31	Tiffany Brady	168	29	255	37:48	12:07/M
32	Amy Verney	223	28	262	38:12	12:15/M
33	Cindy Robinson	281	27	265	38:25	12:19/M
34	Donna Spracklin	270	27	266	38:27	12:19/M
35	Stephanie Watkins	75	23	281	42:19	13:34/M
36	Lauren Fout	335	27	300	45:00	14:25/M

Male 30 to 39

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Mike Bradburn	113	33	2	20:32	6:35/M
2	David Strube	338	33	17	21:59	7:03/M
3	Tom Wardrip	206	32	21	22:23	7:10/M
4	Jean Francois Delaive	284	35	35	23:38	7:34/M
5	Scott Matson	299	38	41	24:31	7:51/M
6	Matthew Wilson	200	39	43	24:40	7:54/M
7	Nick McClimon	10	36	52	25:18	8:07/M
8	Felix Duerr	431	36	53	25:20	8:07/M
9	Gerrit Meyer	126	37	87	27:27	8:48/M
10	Geoff Graham`	414	33	114	28:25	9:06/M
11	Alex Spock	124	38	116	28:43	9:12/M
12	Chris Kuster	245	39	140	30:09	9:40/M
13	John Wiertel	55	39	143	30:15	9:42/M
14	Eric Motter	374	36	158	31:04	9:57/M
15	Ben Schroeder	422	36	215	34:45	11:08/M
16	Navada Magness	300	38	219	34:49	11:10/M

Female 30 to 39

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Tara Homick	394	37	10	21:02	6:44/M
2	Kelly Zilli	321	30	11	21:08	6:46/M
3	Johanna Kosofsky	169	39	28	23:09	7:25/M
4	Laney Baris	157	38	36	23:40	7:35/M
5	Cahir King	240	33	48	24:57	8:00/M

6	Rebecca Jackson	19	33	55	25:29	8:10/M
7	Michelle Scott	226	31	59	25:56	8:19/M
8	Sarah Grarizin	9	31	62	26:04	8:21/M
9	Lora Carneavale	69	36	65	26:11	8:24/M
10	Christine Senneca	267	31	70	26:33	8:31/M
11	Liz Dennis	60	31	73	26:44	8:34/M
12	Uli Helroight	378	38	91	27:36	8:51/M
13	Jill Kozminski	433	33	95	27:45	8:54/M
14	Laura Miles	446	34	98	27:49	8:55/M
15	Violaine De Montigny	99	39	102	28:04	9:00/M
16	Nicole Sullivan	318	30	104	28:04	9:00/M
17	Katie Aksamit	197	35	109	28:10	9:02/M
18	Amy Isaac	398	37	112	28:15	9:03/M
19	Jill Goedde	47	36	118	28:47	9:14/M
20	Justine Lee	286	39	121	28:54	9:16/M
21	Azalia Boyd	32	30	125	29:02	9:18/M
22	Karen Robb	146	32	127	29:06	9:20/M
23	Louisa Asseo	52	37	128	29:08	9:20/M
24	Emily Raines	256	34	136	29:58	9:36/M
25	Kristine Brockup	438	38	137	29:59	9:37/M
26	Deeann Kuster	244	38	141	30:11	9:40/M
27	Angela Kaufhold	29	39	150	30:26	9:45/M
28	Ashley Stancil	139	39	151	30:28	9:46/M
29	Marianne Turgeon	346	33	160	31:14	10:01/M
30	Alison Welmer	175	34	166	31:37	10:08/M
31	Melina D. Rompre	23	30	172	31:51	10:13/M
32	Leslie Shibarch	15	37	173	31:53	10:13/M
33	Jaryn Scheck	122	33	175	32:08	10:18/M
34	Binke Duerr	128	38	176	32:10	10:19/M
35	Dawn Thrall	49	36	178	32:24	10:23/M
36	Jen Nemec	236	33	181	32:40	10:28/M
37	Julie Fitzgerald	337	39	187	33:04	10:36/M
38	Yvonne Cutler	48	39	188	33:05	10:36/M
39	Peggy Hsu	340	30	190	33:06	10:37/M
40	Alicia Rouse	285	30	191	33:08	10:37/M
41	Devon Donahue	313	30	203	34:01	10:54/M
42	Kristi Baker	314	33	204	34:02	10:54/M
43	Sashia Kosttinge	51	31	208	34:19	11:00/M
44	Jennifer Scott	170	37	217	34:46	11:09/M
45	Vicki McClain	359	38	222	35:11	11:17/M
46	Anne Mercier	76	30	232	35:55	11:31/M
47	Nichole Gabridge	67	33	233	35:59	11:32/M
48	Dana Esterle	156	33	234	35:59	11:32/M
49	Amanda Favis	325	36	238	36:28	11:41/M
50	Nicole Waliszewshi	247	32	239	36:38	11:44/M
51	Heather Pendergast	289	39	240	36:53	11:49/M
52	Kristen Blun	396	38	242	36:55	11:50/M
53	Erin Schroeder	420	35	249	37:40	12:04/M
54	Tammie Robinson	363	32	250	37:41	12:05/M
55	Amanda McMurphy	238	35	251	37:42	12:05/M
56	Nicola Moore	287	30	260	38:10	12:14/M
57	Charlene Burns	20	35	267	39:26	12:38/M
58	Kristen Salmon	225	30	269	39:27	12:39/M
59	Holly Moen	50	38	275	40:36	13:01/M
60	Alysia Scazabo	365	39	284	43:11	13:50/M
61	Jennifer Mosley	324	30	287	43:49	14:03/M
62	Cori Stephen	125	36	302	45:15	14:30/M
63	Rhonda Ranta	73	39	303	45:20	14:32/M
64	Amy Birchall	260	33	309	46:38	14:57/M
65	Danielle Pokorny	123	38	322	50:16	16:07/M
66	Robbi Morris	303	30	327	50:23	16:09/M

67	Laura Rose Adams	432	35	333	51:38	16:33/M
68	Julia Morrow	447	32	334	52:03	16:41/M

Male 40 to 49

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Steven Sawdai	185	44	9	20:49	6:40/M
2	Cohen Phillippe	271	48	13	21:32	6:54/M
3	Vincent Millet	310	41	14	21:34	6:55/M
4	. Eichhoun	442	47	19	22:03	7:04/M
5	Robert Tillyard	210	49	27	23:01	7:23/M
6	Jeff Adney	320	44	29	23:16	7:27/M
7	Srini Rao	174	45	38	24:14	7:46/M
8	Scott Liles	211	47	40	24:28	7:51/M
9	Mike Brothers	42	41	44	24:41	7:55/M
10	Mike Strecker	132	47	57	25:39	8:13/M
11	David Grasso	243	48	83	27:17	8:45/M
12	Chris Robb	147	40	88	27:27	8:48/M
13	Steven Milden	386	40	94	27:43	8:53/M
14	Cino Ostos	436	43	105	28:05	9:00/M
15	David Hallas	407	48	111	28:11	9:02/M
16	Sanjay Mangabhai	241	48	133	29:43	9:31/M
17	Stan Sanders	277	48	134	29:47	9:33/M
18	Gerard Philippe	315	44	148	30:24	9:45/M
19	Grant McMillian	191	41	170	31:43	10:10/M
20	George Robinson	341	48	180	32:29	10:25/M
21	Jean Claude Surprenant	34	48	183	32:57	10:34/M
22	Roderick Newman	79	49	193	33:18	10:40/M
23	Andrew Piller	395	42	212	34:34	11:05/M
24	Brad Davis	96	48	213	34:40	11:07/M
25	Owen Devos	265	45	231	35:44	11:27/M
26	Graham Finch	333	47	248	37:28	12:01/M
27	Eric Edmonds	237	47	285	43:43	14:01/M
28	Jeff Hardy	366	46	310	46:47	15:00/M
29	Stan Watson	38	40	315	48:44	15:37/M

Female 40 to 49

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Laura Waldo	26	49	23	22:40	7:16/M
2	Cathy Olsen	375	47	37	24:05	7:43/M
3	Michelle Guercio-Winter	416	45	50	25:14	8:05/M
4	Lisa Walker	280	43	56	25:32	8:11/M
5	Kim Heyning	351	42	58	25:45	8:15/M
6	Kelly Stich	154	41	72	26:43	8:34/M
7	Rebecca Hyland	6	40	74	26:52	8:37/M
8	Gudi Bolln	143	48	76	26:54	8:37/M
9	Juliet Tillyard	209	48	80	27:07	8:41/M
10	Dawn Daling	377	42	81	27:12	8:43/M
11	Leah Montgomery	367	44	82	27:16	8:44/M
12	Paula Klek	65	47	84	27:17	8:45/M
13	Allison Tait	57	42	99	27:53	8:56/M
14	Kahn Ranos	248	47	103	28:04	9:00/M
15	Bonnie Bleskocheck	134	49	106	28:05	9:00/M
16	Lisa Devos	266	44	119	28:48	9:14/M
17	Christine Weaver	80	41	123	28:58	9:17/M
18	Benita Cherry	229	43	124	28:59	9:17/M
19	Sue Reiter	298	49	130	29:27	9:26/M
20	Alissa Scott	437	43	135	29:58	9:36/M
21	Leann Smith	21	43	138	30:05	9:39/M
22	Laura Jones	339	49	139	30:08	9:39/M
23	Judy Hofmeister	56	45	144	30:15	9:42/M
24	Julie Dyer	61	48	145	30:16	9:42/M

25	Wendy Sawdai	188	45	149	30:24	9:45/M
26	Amy Faullenberg	434	46	152	30:29	9:46/M
27	Sandra Fael	17	41	154	30:41	9:50/M
28	Deborah Lerner	323	43	157	30:53	9:54/M
29	Maud Lafleur	347	40	161	31:15	10:01/M
30	Barbara Hauser	112	46	163	31:30	10:06/M
31	Stephanie Mickey	279	43	164	31:31	10:06/M
32	Lisa Gerity	173	42	177	32:16	10:21/M
33	Linda Meakin	389	49	185	33:02	10:35/M
34	Sara Phillips	342	41	206	34:06	10:56/M
35	Beth Nichols	91	43	218	34:47	11:09/M
36	Laura Elliott	28	42	223	35:12	11:17/M
37	Michelle Loeding	426	45	228	35:25	11:21/M
38	Cathy Goelz	22	42	235	36:04	11:34/M
39	Tonya Camcion	294	43	246	37:19	11:58/M
40	Shari Sims	222	42	259	38:10	12:14/M
41	Kaylin McMillian	405	42	277	41:21	13:15/M
42	Shelley Johnson	114	47	280	41:59	13:27/M
43	Angela Winter	290	44	283	42:56	13:46/M
44	Kathy Tamblyn	257	44	292	44:23	14:14/M
45	Betsy Helm	82	49	294	44:25	14:14/M
46	Jennifer Faul	84	43	295	44:39	14:19/M
47	Kari Johnson	352	47	305	45:42	14:39/M
48	Wendy Weirich	317	47	307	45:44	14:39/M
49	Stephanie Leech	355	43	308	46:30	14:54/M
50	Laurie Smith	115	40	312	48:26	15:31/M
51	Kim Stengel	343	42	314	48:37	15:35/M
52	Mary Watson	37	40	316	48:45	15:38/M
53	Wendy Robertson	218	44	317	48:59	15:42/M
54	Kara Sanders	276	45	321	49:32	15:53/M
55	Anne Marie Murphy	319	44	323	50:20	16:08/M
56	Shannon Tzikas	361	43	326	50:23	16:09/M
57	Sharon Sheehy	95	47	331	51:09	16:24/M
58	Crystal Gross	370	43	338	54:22	17:26/M

Male 50 to 59

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	John Lies	141	59	3	20:35	6:36/M
2	Paul Ryan	64	58	4	20:38	6:37/M
3	Nicholas Mistretta	219	51	6	20:41	6:38/M
4	Mark Novotny	137	56	7	20:45	6:39/M
5	Tim Keogan	376	53	8	20:47	6:40/M
6	Glenn Walquist	27	51	12	21:26	6:52/M
7	Andrew Asu	251	53	15	21:36	6:55/M
8	Bruce Zawadski	385	50	18	22:01	7:03/M
9	Robert McLaughlin	162	51	20	22:17	7:09/M
10	Byron Carpenter	116	51	24	22:56	7:21/M
11	Wayne Jensen	194	54	25	23:01	7:23/M
12	Gabriel Varga	88	52	26	23:01	7:23/M
13	Ralph Kuchenbrod	59	57	31	23:21	7:29/M
14	Joe Dalmeida	120	57	32	23:29	7:32/M
15	Felix Smith	171	58	33	23:34	7:33/M
16	Michael Morris	196	59	34	23:34	7:33/M
17	Jeff Benson	322	51	39	24:22	7:49/M
18	Charles Haugh	250	57	54	25:24	8:08/M
19	Scott Toruex	127	50	60	25:57	8:19/M
20	Steve Drum	252	52	67	26:15	8:25/M
21	Kirk Andazok	444	54	71	26:35	8:31/M
22	Henry Weinberg	11	56	90	27:35	8:50/M
23	Jim Berry	253	53	92	27:42	8:53/M
24	Paul Oneill	110	54	100	27:53	8:56/M

25	Leon Freeland	7	52	113	28:15	9:03/M
26	Adrian Lock	145	50	129	29:15	9:23/M
27	Joe Stark	350	50	132	29:39	9:30/M
28	Gary Kubala	140	57	155	30:47	9:52/M
29	Robert Plottr	153	56	156	30:49	9:53/M
30	Andrew Wood	364	58	169	31:42	10:10/M
31	Morris Samson	429	59	197	33:34	10:46/M
32	David V. Hill	412	52	205	34:03	10:55/M
33	Carter Burkey	326	54	207	34:08	10:56/M
34	Dan Meakin	392	50	226	35:13	11:17/M
35	John Allan	448	55	227	35:16	11:18/M
36	Leonard Geraci	261	56	254	37:47	12:07/M
37	Carlos Imperato	435	55	282	42:41	13:41/M
38	Christopher Derro	254	50	304	45:21	14:32/M
39	Mark Moore	353	50	324	50:20	16:08/M

Female 50 to 59

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Carol Campbell	410	50	63	26:05	8:22/M
2	Pam Dickens	291	54	66	26:11	8:24/M
3	Savoy Barbour	119	56	86	27:21	8:46/M
4	Susan Bierman	131	56	107	28:06	9:00/M
5	Barbara Oneill	111	52	110	28:11	9:02/M
6	Jane Quandt	417	53	120	28:53	9:15/M
7	Patty Curtis-Craig	297	57	126	29:04	9:19/M
8	Elizabeth Noyes	235	56	159	31:13	10:00/M
9	Pam Neiser	183	50	167	31:38	10:08/M
10	Jean Haugh	249	53	171	31:45	10:11/M
11	Karen Wheeler	199	52	179	32:24	10:23/M
12	Christina Lehnen	311	52	182	32:47	10:30/M
13	Odette Girard	35	50	184	32:59	10:34/M
14	Valerie Washington	158	52	195	33:22	10:42/M
15	Roxanne Fleming	373	55	196	33:27	10:43/M
16	Jill Ryan	63	56	209	34:20	11:00/M
17	Patricia Barnes	182	52	216	34:46	11:09/M
18	Lacy Douglass	242	54	224	35:13	11:17/M
19	Barbara Lies	142	57	229	35:30	11:23/M
20	Nancy Scott	415	56	236	36:04	11:34/M
21	Julia Sturm	71	56	257	37:53	12:09/M
22	Deborah Schrenzel	258	54	263	38:14	12:15/M
23	Anne Duncan	334	59	264	38:15	12:16/M
24	Kathy Ruane	358	50	268	39:26	12:38/M
25	Susan Omstead	268	56	271	39:45	12:44/M
26	Valerie Yankauskas	33	50	273	40:07	12:51/M
27	Stephanie Eldreth	30	50	274	40:07	12:51/M
28	Cindy Williams	401	50	278	41:46	13:23/M
29	Beth Regehr	292	55	286	43:46	14:02/M
30	Deborah Paico	179	52	293	44:24	14:14/M
31	Tracey Pontom	239	55	299	44:47	14:21/M
32	Glynes Graham	440	53	311	47:05	15:05/M
33	Karen Harris	152	54	319	49:25	15:50/M
34	Martha Bowe	443	55	320	49:32	15:53/M
35	June Hennegan	14	53	332	51:35	16:32/M
36	Laurie Geraci	262	56	335	52:34	16:51/M
37	Holly Brauer	54	56	336	53:52	17:16/M
38	Laura Schden	53	50	337	53:52	17:16/M
39	Eileen Lammine	172	57	339	55:04	17:39/M
40	Sandra Samazyk	108	53	340	58:55	18:53/M

Male 60 and over

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
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1	Gerry Auman	165	60	22	22:39	7:16/M
2	Ingolf Klodt	144	60	46	24:44	7:56/M
3	Robert Graham	201	69	51	25:17	8:06/M
4	David Fetzer	328	62	78	27:01	8:40/M
5	Liche Lin	449	60	202	33:52	10:51/M
6	Craig Wardrip	205	64	244	37:05	11:53/M
7	William Mitchell	304	68	256	37:51	12:08/M
8	Robert Sturm	72	63	258	37:55	12:09/M
9	Gayle Weirich	316	71	306	45:43	14:39/M
10	Richard Grambow	220	79	313	48:29	15:32/M

Female 60 and over

AG Place	Name	Bib #	Age	Overall Place	Finish Time	Pace
1	Barbara Grambow	221	77	96	27:45	8:54/M
2	Linda Kolnick	36	60	165	31:34	10:07/M
3	Ellen Kuchenbrod	58	61	279	41:50	13:24/M
4	Cynthia Pratt	421	68	291	44:18	14:12/M
5	Daniel Mock	198	60	297	44:41	14:19/M
6	Sue Lewis	5	60	298	44:43	14:20/M
7	Jean Fout	336	62	301	45:01	14:26/M
8	Wendy Shepard	160	62	318	49:11	15:46/M
9	Donna Jones	360	68	325	50:22	16:09/M
10	Carol Plohr	362	63	328	50:24	16:09/M
11	Debbie Mitchell	301	61	330	50:29	16:11/M